

Sam Olson - Prostate Cancer

Sam's journey with prostate cancer is not un-similar to that of thousands of other men his age. With Sam, it all started with a visit to the doctor in February that identified early stage prostate cancer. Lucky for Sam it had not spread beyond the prostate and he had time to evaluate his treatment options.

In pursuing recommendations from local Prostate Cancer specialists, Sam was initially recommended Watchful Waiting as a means of monitoring the tumor development and growth. It was suggested to him that if the tumor began to change dramatically additional treatments would be sought at that time. This felt like "Watchful Worrying" to Sam.

The alternative recommendation was to perform a Radical Prostatectomy with a prior dose of radiation therapy to initially shrink the tumor with subsequent surgical removal. A similar radiation combined with surgery was performed on Sam's brother-in-law and resulted in less than optimal results. "I thought the surgery seemed a little 'rough' and I was really not interested in that path."

While on a May trip to California visiting friends, Sam was introduced to Get Well Getaway that in turn introduced him to Dr. Gordon Grado. With extensive experience in treating prostate cancer Dr. Grado was able to answer all of Sam's questions and more. "I had two very long phone conversations with Dr. Grado personally which I very much appreciated. He took the time to provide me with detailed answers to each question I had."

Sam traveled to the Scottsdale office to begin treatment that began on a Wednesday. There was some soreness after the procedure but he was able to play a round of golf Thursday. With a visit to Dr. Grado again at his office Friday he was able to fly home that afternoon.

Two follow up appointments, 3 months and 6 months after surgery thankfully proved that the treatments were working as planned and Sam's PSA has dropped dramatically. Get Well Getaway was the connection Sam needed to improve his chances for the best possible outcome with prostate cancer.